

IMPACTFUL INFLUENCE

Using Athletic Platform for God's Kingdom

BIBLE STUDY

01 OBJECTIVE

To empower athletes to leverage their platform and influence for the advancement of God's Kingdom, exploring opportunities to impact others positively through their athletic endeavors and committing to stewarding their influence with integrity and purpose.

02 OPENING PRAYER

Heavenly Father, as we come together now, we are grateful for the opportunities You have given us as athletes to influence others. Guide us in understanding how we can use our platform for the advancement of Your Kingdom.

AMEN.

03 BIBLICAL REFLECTION

Read [MATTHEW 5:13-16](#). Reflect on Jesus' teaching about being the salt and light of the world and its implications for using our influence for God's glory.

04 DISCUSSION

- Share examples of athletes who have used their platform to positively impact others for God's Kingdom.
- Discuss the responsibilities that come with having a platform and the potential pitfalls of abusing its influence.
- Brainstorm creative ways to leverage your influence as an athlete to share the message of Christ with others.

05 APPLICATION

- Identify one specific area of your athletic sphere where you can make a positive impact for God's Kingdom (e.g., mentoring younger athletes, volunteering in the community, sharing your faith openly).
- Develop a plan of action for how you will use your influence in that area, setting measurable goals and timelines.
- Commit to praying regularly for wisdom, courage, and discernment as you seek to advance God's Kingdom through your athletic platform.

06 CLOSING PRAYER

Lord God, we thank You for the opportunities You have given us to make a difference in the lives of others through our athletic pursuits. Help us to steward our influence well, always seeking to bring glory to Your name and to advance Your Kingdom here on earth. Our Father, who art in heaven... **AMEN.**

OVERCOMING TEMPTATION

The Christian Athlete's Battle

BIBLE STUDY

01 OBJECTIVE

To explore the challenges of temptation faced by Christian athletes and to provide strategies for overcoming temptation through reliance on God's strength, accountability, and spiritual disciplines.

02 OPENING PRAYER

Heavenly Father, as Christian athletes, we recognize the battle we face against temptation in our journey. Grant us wisdom and strength as we delve into this topic and seek Your guidance on how to overcome temptation. **AMEN.**

03 BIBLICAL REFLECTION

Read [1 CORINTHIANS 10:13](#). Reflect on the promise that God will provide a way out when we are tempted, understanding that He equips us to overcome temptation through His power and grace.

04 DISCUSSION

- Share personal experiences of times when you've faced temptation as an athlete and how you've responded to it.
- Discuss common temptations that athletes may encounter, such as pride, dishonesty, anger, or compromise of values for success.
- Explore biblical and practical strategies for resisting temptation, including reliance on God's Word, prayer, accountability, and seeking support from mentors and teammates.

05 APPLICATION

- Reflect on areas of vulnerability to temptation in your athletic journey. Are there specific temptations you struggle with?
- Identify practical steps you can take to guard against temptation, such as memorizing Scripture, establishing accountability partners, and setting boundaries to avoid compromising situations.
- Commit to relying on God's strength to overcome temptation, trusting in His faithfulness to provide a way out and empower you to resist.

06 CLOSING PRAYER

Lord God, we thank You for Your promise to provide a way out when we are tempted. Help us to be vigilant and proactive in guarding against temptation in our athletic journey. Grant us the strength and wisdom to resist, knowing that You are with us every step of the way. Our Father, who art in heaven... **AMEN.**

COMPETING WITH COMPASSION

Balancing the Desire to Win with Concern for Opponents' Souls

BIBLE STUDY

01 OBJECTIVE

To explore how to best work with the natural tension between the desire for physical dominance and winning in sports and the call to exhibit love, compassion, and concern for the spiritual well-being of opponents.

02 OPENING PRAYER

Gracious God, as we delve into the complexities of competition and compassion, we seek Your guidance and wisdom. Help us to navigate the desire to win with a heart of compassion for our opponents' souls. **AMEN.**

03 BIBLICAL REFLECTION

Read **MATTHEW 22:39 AND 1 JOHN 4:7-8**. Reflect on the commandment to love our neighbors as ourselves and the nature of God's love, understanding that it transcends competition and extends to all people.

04 DISCUSSION

- Share personal experiences of times when, or if, you've ever felt conflicted between the desire to win and dominate physically, while also showing compassion towards opponents or feeling concerned for their souls.
- Discuss how the coaching you've received calls for you to compete and perform at your best physically. How does this honor Jesus?
- Review your motivations for physical dominance and winning. How can you channel these desires into positive actions that reflect the love of Christ?

05 APPLICATION

- Identify specific actions you can take to demonstrate compassion towards opponents, such as showing respect, offering encouragement, or praying for their salvation, success, and well-being.
- Trust that the coaching you've received will allow you to perform at your best physically and honor Our Lord.
- Commit to approaching competition with a balanced perspective, recognizing that while winning may be a goal, the ultimate victory lies in honoring God, showing love to others, and yearning for the salvation of all who participate.

06 CLOSING PRAYER

Lord God, we thank You for the opportunity to compete and strive for excellence in sports. Help us to do so with genuine compassion, care, and concern for our opponents' souls, recognizing their inherent worth and dignity as Your children. Our Father, who art in heaven... **AMEN.**

LEGACY OF FAITH

Transitioning to Life Beyond the Game

BIBLE STUDY

01 OBJECTIVE

To inspire Christian athletes to leave a legacy of faith in their sports careers and to integrate their faith into their future professional lives, ensuring their influence for Christ continues beyond their athletic endeavors.

02 OPENING PRAYER

Heavenly Father, we gather today with grateful hearts for the journey we've had as athletes. As we think about the legacy we want to leave and our future transitions into our professional lives, guide us to remain faithful to You and to continue being Your ambassadors. **AMEN.**

03 BIBLICAL REFLECTION

Read [2 TIMOTHY 4:7-8 AND COLOSSIANS 3:23-24](#). Reflect on Paul's message about finishing the race and working to serve Christ in all aspects of life.

04 DISCUSSION

- Share examples of athletes who have successfully transitioned from sports to other careers while maintaining and exemplifying their faith.
- Discuss the concept of leaving a legacy of faith both in sports and in our lives. How can our actions today impact future generations?
- Explore the potential challenges and opportunities of integrating faith into the workplace. How do you think the principles learned through sports can be applied in a professional setting?

05 APPLICATION

- Reflect on the legacy you want to leave in your sports career. Identify actions you can take to ensure your faith is evident to teammates, coaches, and fans.
- Consider your career goals and aspirations beyond sports. Commit to seeking opportunities to share your faith with future colleagues and to influence your work environment with Christ-like character.
- Pray for guidance and strength when it's time to transition from sports into your career, asking God to help you remain steadfast in your faith and to use your new platform for His glory.

06 CLOSING PRAYER

Lord, we thank You for the experiences and opportunities we have as athletes. We ask that when we transition into new careers that you help us leave a legacy of faith that honors You. Guide us to integrate our faith into our future professional lives and to continue being Your witnesses in all we do. Our Father, who art in heaven... **AMEN.**